

Empowerment Course and Skills Development

Are you a person with **refugee status, subsidiary protection status, or stateless status?**

Do you want to feel more at **home in Hungary?**

Do you want to **learn in a safe and inspiring environment?**

Do you want to be better at **solving problems and supporting other people around you?**

Do you want to **become the voice of your community?**

IF YES, JOIN THE EMPOWERMENT COURSE OF THE HUNGARIAN HELSINKI COMMITTEE!

In 8 weeks:

- We will work together with your active participation.
- We will expect you to share your already valuable knowledge and expertise in the group.
- We will count on you being open to the values, feelings and ideas of the others.

The course will allow you to better understand how you can act for a more inclusive society. You will also gain skills which are helpful to serve your community better.

**Supportive
Community**

**Negotiation
Skills**

**Participation
in Society**

Solidarity

**Diversity
of Opinions**

**Inclusive
Education**

**BE
A VOICE
OF YOUR
COMMUNITY**



The course will have sessions both **online and offline**, if the lockdown rules allow us.

The course will start in March 2022.

The dates of the 8 sessions will be discussed with the future participants, to make sure that you can take part even after your working hours.

THE SESSIONS ARE FREE AND WILL BE HELD IN ENGLISH.

If you are interested, write an email until 27 February to Zoltán Somogyvári here:

zoltan.somogyvari@helsinki.hu

Or contact the Hungarian Helsinki Committee on our Facebook account:

www.facebook.com/helsinkibizottsag

After you write to us, we will get in touch with you to discuss further steps.

BE

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